





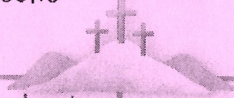



40 DAYS OF LENT



<p>Read about kindness to others Luke 10:25-37</p> 	<p>Help with chores around the house</p>	<p>Have a family prayer night</p>	<p>Tell someone "Thank you!"</p>	<p>Bake a treat to share with someone</p>	<p>Read about repentance Luke 18:9-14</p>	<p>Share with someone</p>
<p>Pick up your stuff without being asked</p>	<p>Read about Jesus entering Jerusalem Mark 11:1-10</p> 	<p>Give someone a compliment</p>	<p>Sing church worship songs</p>	<p>Read the Great Commandment Matthew 22:34-40</p> 	<p>Hold the door for someone</p>	<p>Set the table</p>
<p>Surprise someone with your artwork</p>	<p>Pick up litter on the ground</p>	<p>Read about helping others Matthew 25:31-40</p>	<p>Donate toys or clothes to help others</p> 	<p>Pray for those who need help</p>	<p>Help make dinner</p> 	<p>Read sacrifice for Jesus Matthew 16:24-28</p>
<p>Give up tv or video games today</p> 	<p>Read about forgiveness Matthew 18:21-35</p>	<p>Ask God for forgiveness</p>	<p>Say hello to someone who looks lonely</p>	<p>Read about serving others John 13:1-17</p>	<p>Make a card for someone</p> 	<p>Give someone special a hug</p>
<p>No complaining today!</p>	<p>Play a game with family or friends</p>	<p>Read about prayer Mark 14:32-42</p> 	<p>Pray for someone to know Jesus</p>	<p>Give up sweets and treats today</p>	<p>Read about committing to God Psalm 51:10</p>	<p>Smile at people you see today</p>
<p>Tell someone why they're special to you</p>	<p>Forgive someone who hurt your feelings</p>	<p>Write a list of things you're grateful for</p>	<p>Thank God for sending Jesus!</p>	<p>Read about God's Love for us John 3:16</p>	